

RLH Pregnancy Schedule of Care Midwife-led Pathway During COVID-19

Please do not attend your appointment if you have any symptoms of COVID-19 or have someone in your house self-isolating. Telephone your midwife for advice

7 – 9 weeks Telephone Consultation	<ul style="list-style-type: none"> • Antenatal Booking on CRS (Give woman information can access PDF version) • Complete aspirin proforma online and follow recommended actions • Discuss smoking and give appropriate advice about stop smoking. • Discuss Pertussis (Whooping cough) vaccine for 16-32wks and Influenza (Flu) vaccine during Flu season • Print a copy of booking information from CRS and attach in green Pregnancy Notes • Book GTT for 16 & 28wks if required and send appointment in the post
11+6 – 12+6 weeks Face to face	<ul style="list-style-type: none"> • Offer screening tests: urine mc&s, BP, BMI & discuss booking bloods • Complete hard copy of aspirin screening proforma and action accordingly • Document consultation in green pregnancy notes • Give Pregnancy Notes with attached booking information and blood forms to mother • Attend for Scan (Dating/Nuchal Scan) • Attend blood room for booking blood and combined bloods screening following scan
20 weeks Face to face	<ul style="list-style-type: none"> • Woman attends for anomaly scan & observations (Ensure whooping cough vaccine) • Book appointment for woman with midwife at GP surgery prior to seeing her • Discuss & document booking blood results in pregnancy notes. Confirm any abnormal results have been actioned. • Complete observations: BP & urinalysis prior to scan • Check if woman has GTT appointment at 25-28wks where required. Give appointment already booked or make appointment. Offer Anti-D at 28wks if Blood Group is Rh negative and no fetal DNA result. Give woman blood forms for GTT & repeat blood tests. • Discuss place of birth • Woman to attend for scan
28 weeks Face to face	<ul style="list-style-type: none"> • Routine check-up with Midwife for all women • Anti-D appointment if Blood Group is Rh negative and no fetal DNA result. • Check GTT and routine blood results. • Discuss place of birth
32 weeks Face to face	<ul style="list-style-type: none"> • Midwife appointment for all women (routine check-up) • Check GTT and routine blood results.
36 weeks Face to face	<ul style="list-style-type: none"> • Midwife appointment for all women (routine check-up) • Preferences for Birth discussed, and birth plan completed • Repeat routine blood tests and discuss smoking cessation
38 weeks Face to face	<ul style="list-style-type: none"> • Midwife appointment for all women (routine check-up) • Discuss birth choices including membrane sweep & IOL if pregnancy >41wks
40 weeks Face to face	<ul style="list-style-type: none"> • Midwife appointment for all women (routine check-up Offer membrane sweep to 1st time mothers)
41 weeks Face to face	<ul style="list-style-type: none"> • Midwife appointment for all women (routine check-up) • Offer membrane sweep & induction of labour (IOL) for all mothers

There are no antenatal classes during the COVID-19 pandemic.

Contact your health visitor between 26 - 32 weeks